

2020 Open Enrollment

Active Employees

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Sr. Benefits Administrator

Patty Goldspink

Sr. Benefits Analyst

Mary Jo Vargas

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Andrea Muniz

Interim Benefits Analyst

Alicia Lassiter

UHC Representative

Una Cuffy

Manager – Emp. Services & Wellness

Lauren Zuniga

UHC Wellness Coordinator



MAKING SAN ANTONIO
WATERFUL



Benefits Video



2020 Open Enrollment

2020 Spousal Surcharge

Spousal Surcharge

- Applies to spouses who have access to medical coverage through other employment or a former employer
- The surcharge is **\$150 per month (\$75.00 per pay period)**
 - in addition to your monthly premium
 - Pre-Tax deductions
- Spousal Waiver Form/Affidavit Available
 - Available on EZLink
 - Turn in to HR Benefits Office by **November 1, 2019**
 - **NOTE:** If you have a waiver on file for 2019 and there are no changes – **no need for resubmission for 2020 (Prior form will be used for 2020)**

FetchMD

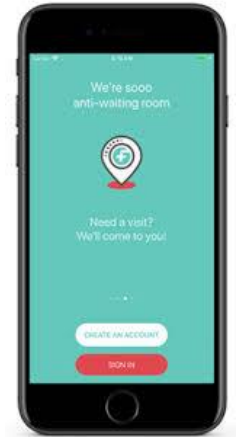
On-demand care, wherever you are

- Quality convenient care from your home or office
- Includes delivery of prescriptions through HEB
- Accepts flexible spending accounts (FSA)
- Schedule through app or by phone
- Employee co-pay: \$60

Use FetchMD for:

- Respiratory infections
- Cough & Cold
- Viruses & Flu
- Infections
- Sprains/Strains
- Lacerations (stiches)
- Rashes/Minor burns
- Nausea/Vomiting
- Food poisoning

FetchMD
On-demand care, wherever you are.



No Worker's Comp Injuries/illness

Empower Retirement



2020 Open Enrollment

Express Scripts App



InsideRx Pets

Save on medications for your pet

- Free prescription savings program
- Provides pet owners discounts on medications prescribed for pets
- Brand and generic
- 40,000 participating retail locations
- For more information and to view a list of medications and participating pharmacies, visit insiderx.com/pets

Prescriptions include those for:

- Diabetes
- Anxiety
- Arthritis
- Heart Disease




UnitedHealthCare Tools and Resources


Become a Smart Consumer of Health Care

- UnitedHealthcare Pre-Member Website
- myuhc.com
- UnitedHealthcare App
- myHealthcare Cost Estimator
- Virtual Visit
- MyNurseline – 24/7
- UnitedHealth Premium Program

myuhc.com®




Premium Care Physician
 The physician meets the criteria for providing quality and cost-efficient care.

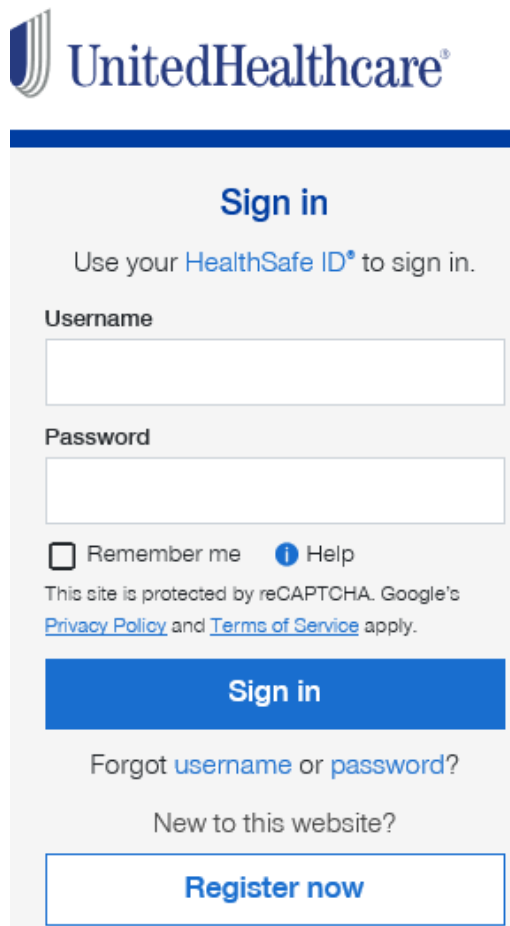

Quality Care Physician
 The physician meets the criteria for providing quality care.

UnitedHealthcare Premium Tier 1 Provider

How to find Tier 1 Physicians

Step 1: Go to myuhc.com

Log in with your HealthSafe username and password. If you don't have an account, click "Register Now."



The screenshot shows the UnitedHealthcare login interface. At the top is the UnitedHealthcare logo. Below it is a 'Sign in' section with the text 'Use your HealthSafe ID® to sign in.' There are two input fields for 'Username' and 'Password'. Below the password field are checkboxes for 'Remember me' and a 'Help' link. A reCAPTCHA notice is present: 'This site is protected by reCAPTCHA. Google's Privacy Policy and Terms of Service apply.' There is a blue 'Sign in' button, a link for 'Forgot username or password?', a link for 'New to this website?', and a 'Register now' button at the bottom.

Or call

1-888-651-7277

Step 2: Click on FIND A DOCTOR

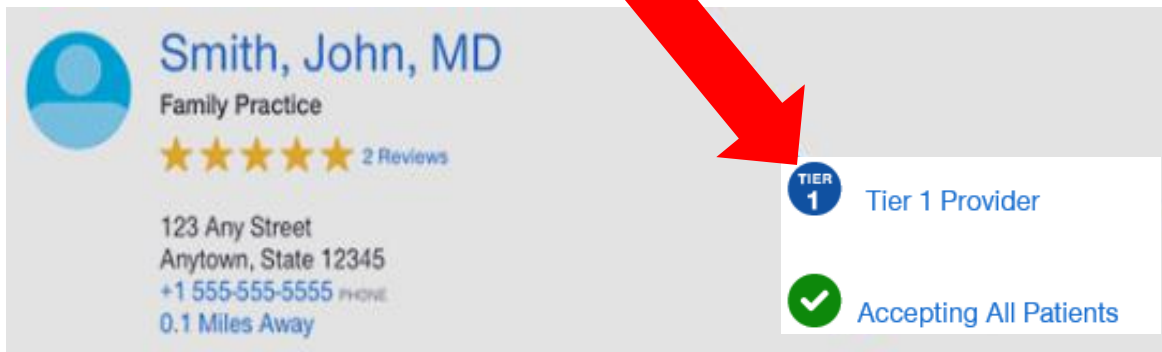
Enter physician name or search by medical health care providers



FIND A DOCTOR

Step 3: Look for the Tier 1 icon

Tier 1 physicians meet the criteria for providing quality and cost efficient care.



The screenshot shows a physician profile for 'Smith, John, MD', a Family Practice doctor. It includes a profile picture, a 5-star rating with '2 Reviews', and contact information: '123 Any Street, Anytown, State 12345', '+1 555-555-5555', and '0.1 Miles Away'. A red arrow points to a 'TIER 1' badge, which is a blue circle with 'TIER 1' text. Below it is a green checkmark icon with the text 'Accepting All Patients'.

UnitedHealthcare App

Get on-the-go access to your health plan and save money

- Same HealthSafelD login and password
- View and share your health plan ID card.
- Estimate costs.
- Video chat with a doctor 24/7.
- See your claim details and view Explanation of Benefits (EOB).
- Review plan information, including deductibles and copays/coinsurance
- Search for In-network:
 - Tier I Providers
 - Labs
 - Urgent cares
 - Hospitals
- Call the 888-651-7277
- Contact Alicia

SAWS Work Perks

Employee Discount Program



Don't forget our Employee Discount Program!

- SAWS employees can get exclusive discounts and services
- Visit www.Beneplace.com/saws from any computer or EZLink – look for the icon above
- Register with your Employee ID and your email address
- Check the site often for new products, services and seasonal promotion

2020 Open Enrollment Process

- Prepare for Open Enrollment
 - Dependent validation in advance of enrollment
 - Review 2020 Benefits Guide
- Online Enrollment
 - Enrollment in benefits for 2020 plan year is passive
 - FSA requires elections for fund rollovers
 - Enrollment will be online through Employee Self-Service System
 - Print confirmation form for your records

Dependent Validation

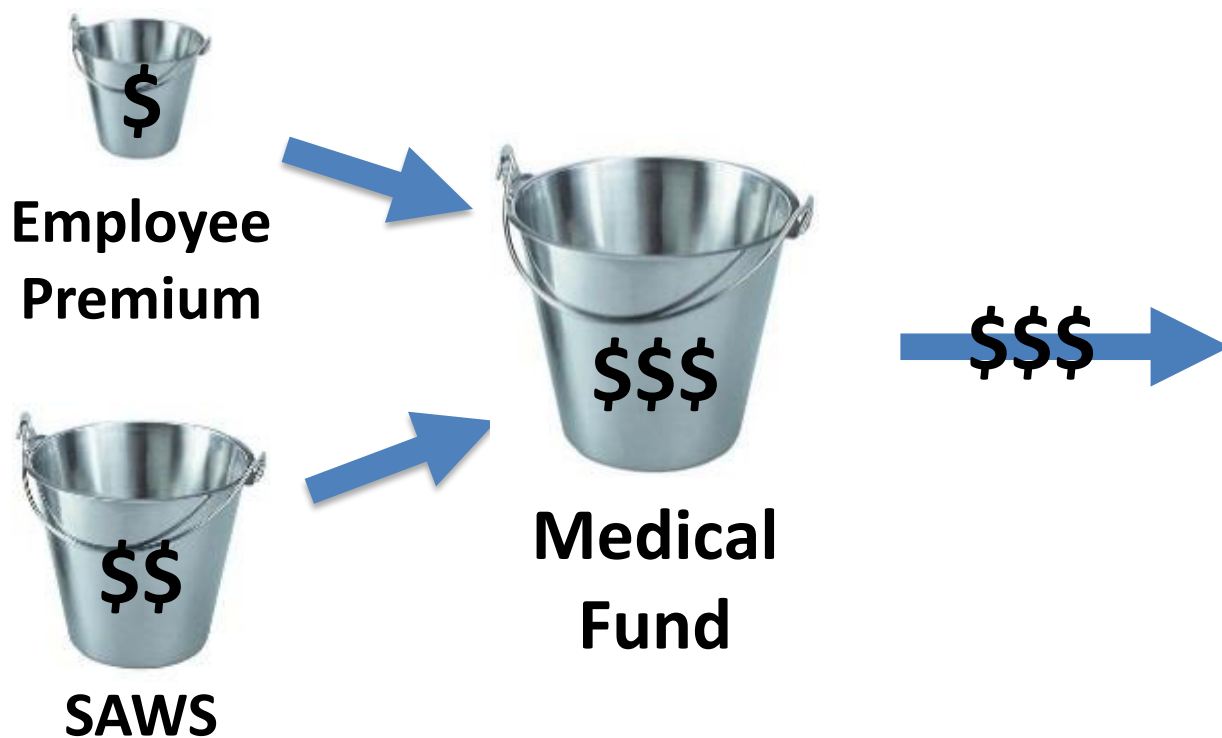
- Spouse
 - Marriage License or “Declaration and Registration of Informal Marriage”
 - Copy of Social Security card
 - Date of Birth
- Child – Up to Age 26
 - Birth Certificate or Verification of Birth Facts
 - Copy of Social Security card
 - Court Order (Adoption, Qualified Medical Child Support Order, or Guardianship)

Reminder - Life Event Changes

- Changes in your family
 - Married
 - Must notify HR within **31 days** to add new dependents to plan
 - Baby/Adoption
 - Must notify HR immediately and provide the Final Decree to remove spouse
 - Divorce
 - Must notify HR immediately and provide the Final Decree to remove spouse
 - Other Changes
 - Must remove children who are no longer dependents or ineligible due to age or marriage
 - Retirement

2020 Employee Premiums and Claims

Self-Funded Medical Plans



2020 Wellness Program

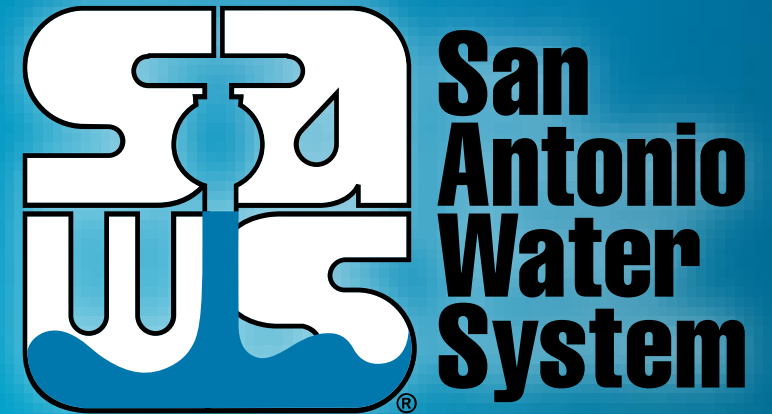
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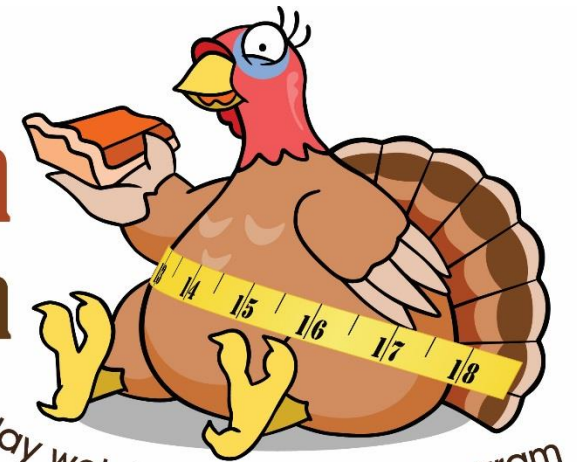
MAKING SAN ANTONIO
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SAWS Wellness Programs

- SAWS Fitness Center and Desk Treadmills
 - New equipment coming to ESOC & NWOC in 2020
- Onsite Blood Drives, Flu Shots, Mammograms and Biometric Screenings
 - Blood Drive at HQ – October 25
 - Mammogram van at HQ – October 30
- Maintain Don't Gain Challenge –
 - November 18th – January 10th
- Walk & Learn Program
- Onsite Health Coaching
- Update Blood Pressure Monitors
- Diabetes Prevention Programs

**Maintain
Don't Gain**



holiday weight maintenance program

2020 Open Enrollment

Marathon in a Month

- Challenge to run or walk 26.2, 50, or 100 miles from October 1- 31
- Run or walk or any physical activity completed counts towards miles
- Links with Fitbit, MapMyFitness App or Strava
- Reach at least 26 miles for a chance to win a Fitbit Versa! Weekly prizes also available for logging miles weekly.
- Helps SAWS reach the top of 17,502 miles logged in 2018!

Register at events.healthcode.org/marathon2019

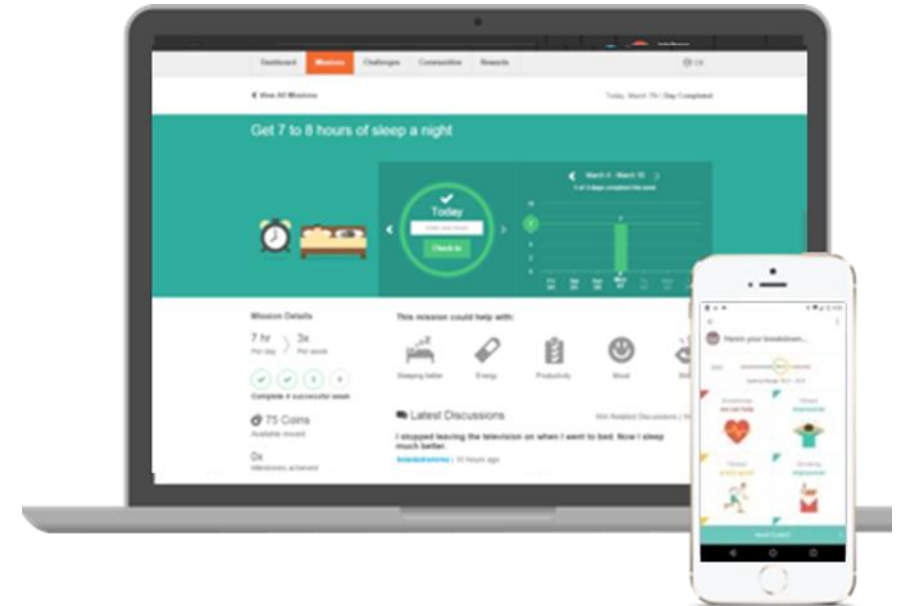
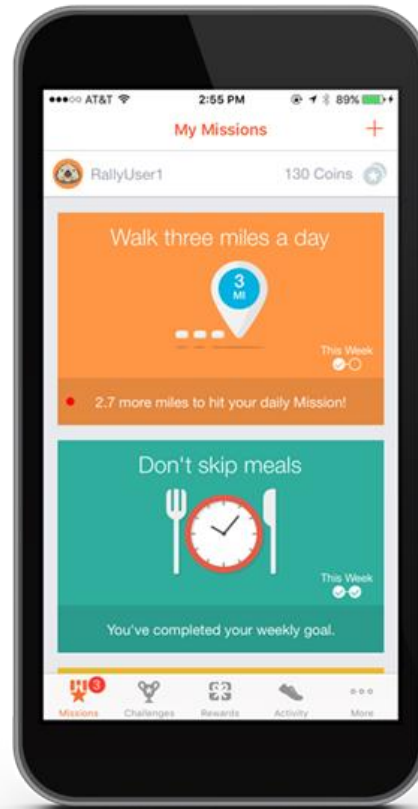


TOP ORGANIZATIONS	
1.	HCSC (Health Care Service Corporation) - 80,685
2.	Beef Team - 50,721
3.	Kern High School District - 35,698
4.	Fort Bend ISD - 35,507
5.	Pflugerville ISD - 28,098
6.	San Antonio Water System - 17,502
7.	City of Austin - 16,697
8.	Michigan DHRIS-Wellness - 15,731
9.	Parkway School District - 13,651
10.	Avery Products Corporation - 12,698

Your Health Made Simple with Rally

Rally is an app that helps you get more active, eat healthier, and feel better.

Rally is provided at no extra cost as part of your health benefits.



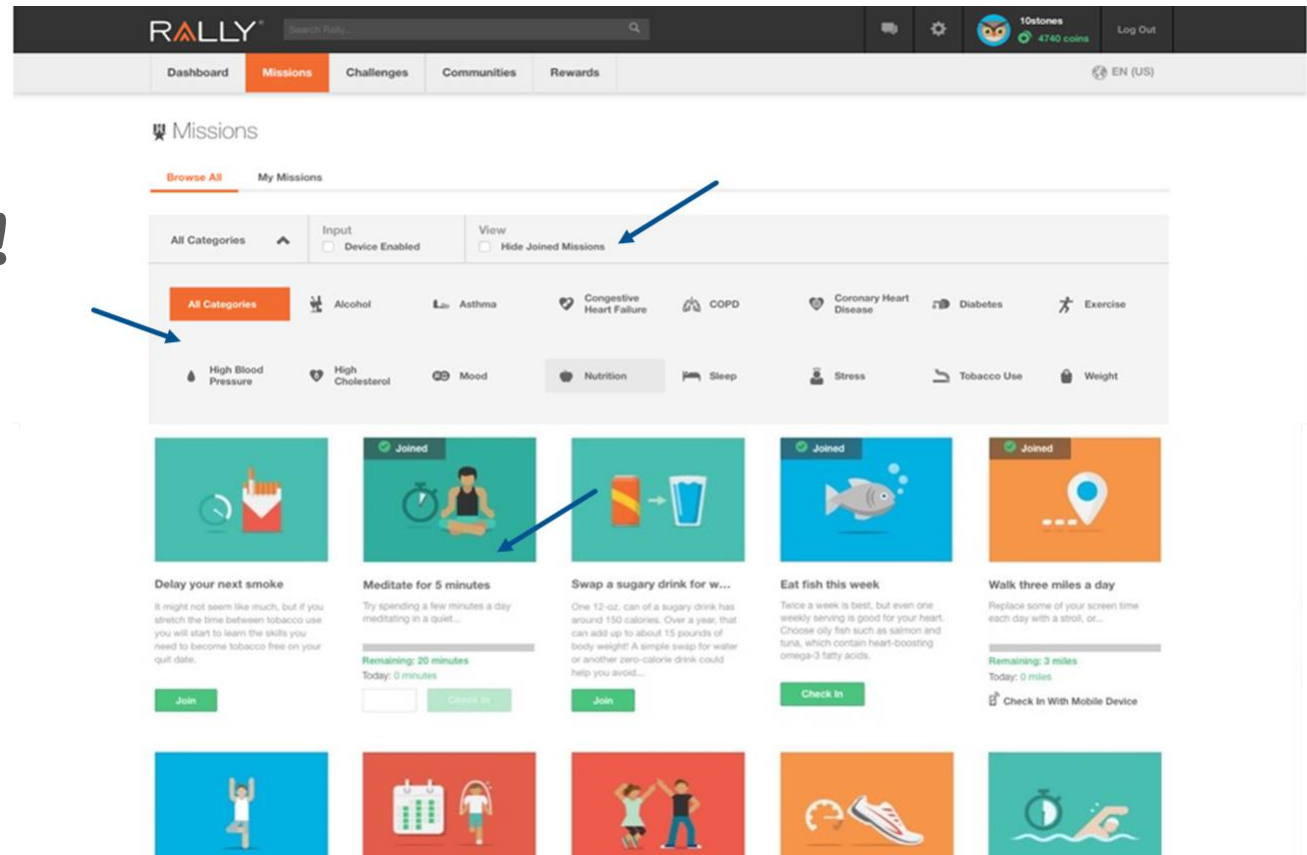
RALLY®

Complete your Rally Survey

Complete the Rally Survey AND one Rally Mission for a chance to win an iPad Mini 4!

Deadline to complete has been extended to December 6, 2019.

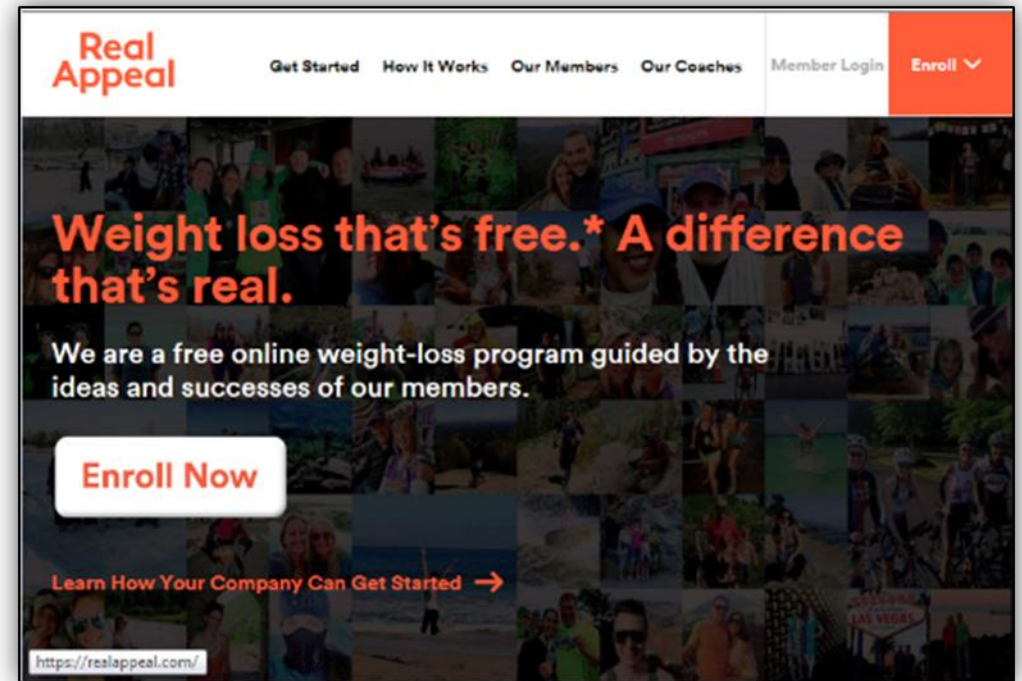
Start by logging into Myuhc.com or downloading the Rally App.



UHC Real Appeal

Real Appeal is a comprehensive online weight loss program that teaches you how to take small, manageable steps that lead to a healthier body and lifestyle.

- Covered benefit for members on the SAWS UnitedHealthcare plan
- Program based in proven science - 26 weekly sessions + 6 monthly group sessions
- Goal tracking system
- Weekly online group coaching classes
- Success kit delivered to participants' homes



Enroll at saws.realappeal.com

Wellness Reward Hours

Receive up to an additional 8 hours of wellness leave.

- Earn 4 hours by completing an annual physical exam with Primary Care Physician
 - Covered at no cost under your medical plan with an in-network provider
- Earn 4 hours by completing ONE of the following:
 - Well women's exam
 - Mammography (ages 40 and above)
 - Colonoscopy (ages 50 and above)
 - One dental cleaning
- Must submit a wellness form to receive hours
- Wellness hours are received on a quarterly bases
- 2019 deadline November 30th
- UHCWellness@saws.org

NEW Deadline for 2020: October 31, 2020

Wellness Tools

Tools to help you on your way to a healthier 2020

- Financial Wellness book
- Health Snack Container
- Onsite YMCA group exercise classes coming Jan – Feb 2020
- Onsite Biometric Screening Jan – Feb 2020



2020 Benefit Reminders

What you need to remember:

1. Passive Enrollment
2. Must enroll to have FSA in 2020
3. EPO Plus Plan deductibles and out-of-pocket maximums increasing
4. Dental premiums will increase for employees
5. 2020 medical premiums increasing for SAWWS and employees
 - Spouse Premium Surcharge waiver form to HR by November 1, 2019 if not on file
6. Address change – Be sure to notify HR



2020 OPEN ENROLLMENT

Questions?



BenefitsInquiries@SAWS.org

210-233-2025

2020 Rates

PREMIUMS PER MONTH	Employee Only	Employee + Spouse	Employee + Child(ren)	Employee + Family
UnitedHealthcare EPO Active <i>Hired before 1/1/2011</i>	\$117	\$290	\$229	\$413
UnitedHealthcare EPO Active <i>Hired after 1/1/2011</i>	\$117	\$433	\$336	\$693
UnitedHealthcare PPO Economy Active <i>Hired before 1/1/2011</i>	\$36	\$115	\$83	\$167
UnitedHealthcare PPO Economy Active <i>Hired after 1/1/2011</i>	\$36	\$260	\$198	\$437

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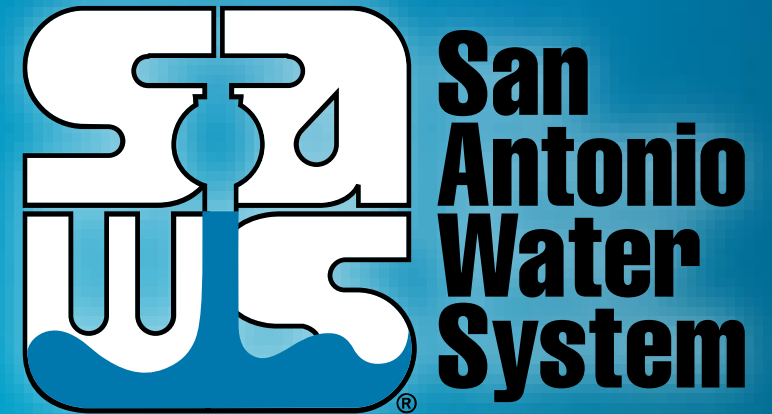
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